

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nanette Fourie

Has successfully participated & completed the

5km Cowhouse Winter Trail Run 2017

held at Cowhouse Market.

TIME 00:35:30

PACE 07:06/km

OVERALL 60 of 133

GENDER 33 of 84

40 - 49 5 of 16

29 July 2017, Sat

Date



BoutTime